



*anatomy + figures*

**KIDS ARTIST BOX**





1. Take out your markers, a paper, a transparent paper, scissors, and foam dots.
2. Line up the top of your paper with the top of the X and make a line where the bottom of the X is.

3. Make two circles halfway between the top of the head and the chin. These will be the eyes. Then, add a triangle nose and a mouth. Make the teeth lines and also draw lines to make the jaw narrower.
4. Cut the shape of your skull out. Then, flip it over and re-draw the face with a darker marker.

5. Stick your skull down on the transparent paper (toward the top) with a foam dot.

6. It's time to make your spine! Line up a corner with the top of the 'C' and mark at the bottom of the letter 'A.' Then, draw a thin rectangle that tall or make lots of stacked circles to cut out along the outer edges of the "spine." The spine should end up being basically double the height of the head.



7. Cut a foam dot in half and use the pieces to stick down the spine under the skull. If you put the foam dots under where the ribs and hips will be it doesn't matter if some foam shows.

How is your project going?!

8. Draw the clavicle, sternum, and ribs as tall as the letter 'Y.' Make sure the clavicle (collar bone) is wider than your shoulders. Add a sternum in the shape of a U between the shoulders/clavicle. Finally, add some ribs on each side. You have 12 ribs on each side in real life, but you can just make six on each side since we can't really get that detailed with this project.



 Cut out around the outside of the clavicle and ribs, then draw the outlines of the bones with your dark marker.

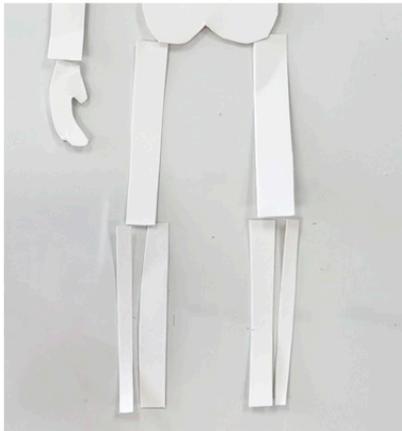
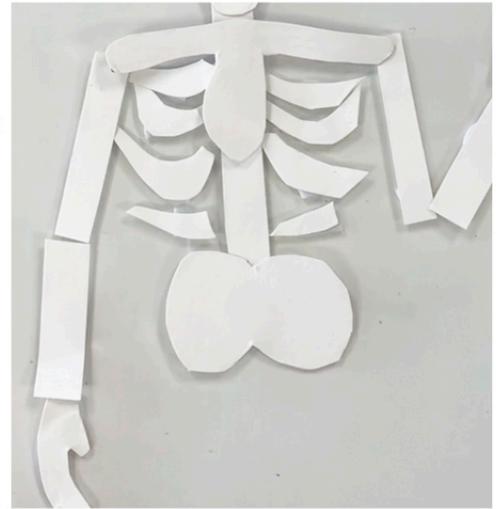


 You can cut out each individual rib and stick them down with small pieces of foam.

9. Make the humerus (bones in top of arm) about as long as the distance from the shoulder to the bottom of the ribs.

10. Now it's time to make your hands. We'll make simple circles or mitten-like hands. The type of hand you make will depend on what you want to see in your project. Cut the hands out and then arrange them so it looks good to you. Then, stick the arms and hands down with the foam dots.

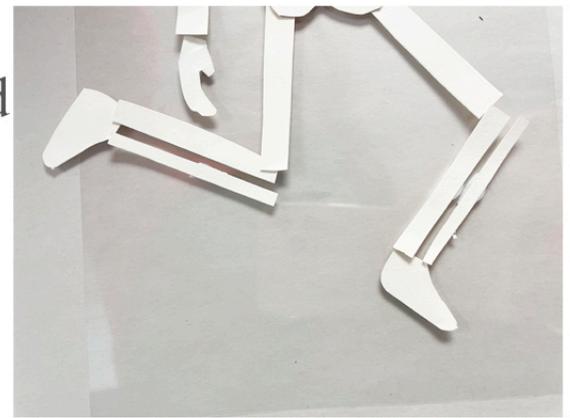
11. Make the hips in the shape of butterfly wings, about as wide as the shoulders. Once you cut out the shape for the hip bones, flip it over and stick it on your collage (right below the spine).



12. Time to make the leg bones! Each section for the legs will be a bit longer than the humerus bones. We are going to make all of the leg bones at once since the femur is about the same length as the tibia and fibula. The femurs should be

wider, long rectangles and the tibia and fibula should be about half the width of the femurs.

13. Finally, it's time to make your feet and then stick the legs and feet down. Figure out what looks best for your feet. Draw them and cut them out. Then, stick down the rest of the bones with the foam dots.



Make the hands + feet look like mittens or dots.

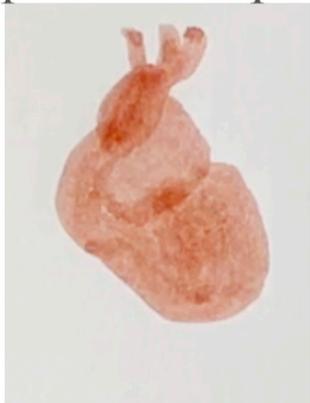


Make the hands + feet look like they have fingers if you want!



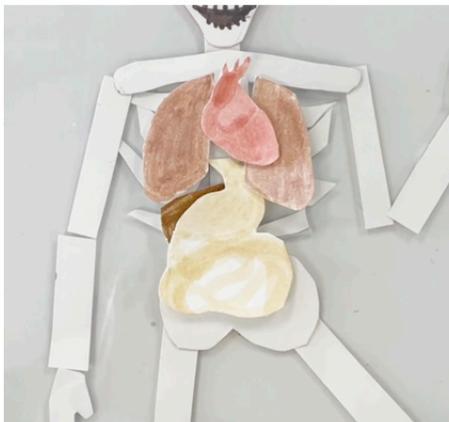
1. Take out a new sheet of see-thru (transparent) paper, foam dots, markers, and a new piece of paper. We will make some of your organs during this project.

2. Stick two foam dots to the top corners of the first project and adhere a new transparent piece on top of it.



3. Make the heart look like a real heart with a pinkish marker. Be sure it fits inside the rib cage with some room to spare. Cut it out and stick it on the new transparent paper toward the center-left on your skeleton's chest.

4. Next, let's make the lungs with a tan or brown marker. Cut each lung out and stick them down with the center edges tucked under heart under the heart.



5. For the tummy, let's use a lighter marker. Draw your stomach and intestinal tract. Once you cut out this part of the paper, stick it down with a foam dot.

6. Next, use a darker brown marker to make a bean-shaped liver and tuck it behind the tummy.



7. Make the brain so it will fit in the skull. Use a lighter color. Cut it out and stick it down.



1. Get out a new sheet of paper, a new transparent piece, your markers, foam dots, and scissors.

2. Add a new transparent page to your stack of pages by attaching two more foam dots on the upper corners.



3. Stick a new, blank sheet of paper with another foam dot so it covers your skeleton.

Then, add another foam dot on the transparent paper so you can hang the project up in a window while you trace your skeleton

4. With a marker that matches your skin tone (or as close to your it as you can find), trace the outline of your skeleton, leaving some extra room around the body to show where muscles and fat are. Then, fill it in.



5. Cut out around the outline you just drew and use a foam dot to stick it to the new layer of transparent paper.

6. Add your final layer of transparent paper on top of the skin layer with more foam dots in the upper corners. This will get you ready for the

last part of the process that you will complete next week!



1. Take out your last sheet of paper, foam dots, scissors, markers, and the rest of your project you have been creating this month.



2. Use the tracing method we used last week to figure out how big your clothes you want to make will be. Stick the last sheet of paper with a new foam dot so it covers your portrait. Hang it in a window so the sun shines through and you can see the outline of the person you are making. Then, use the color you want to use for the clothing item to trace the outline of the clothes, leaving a little room around the body. Repeat this tracing method for

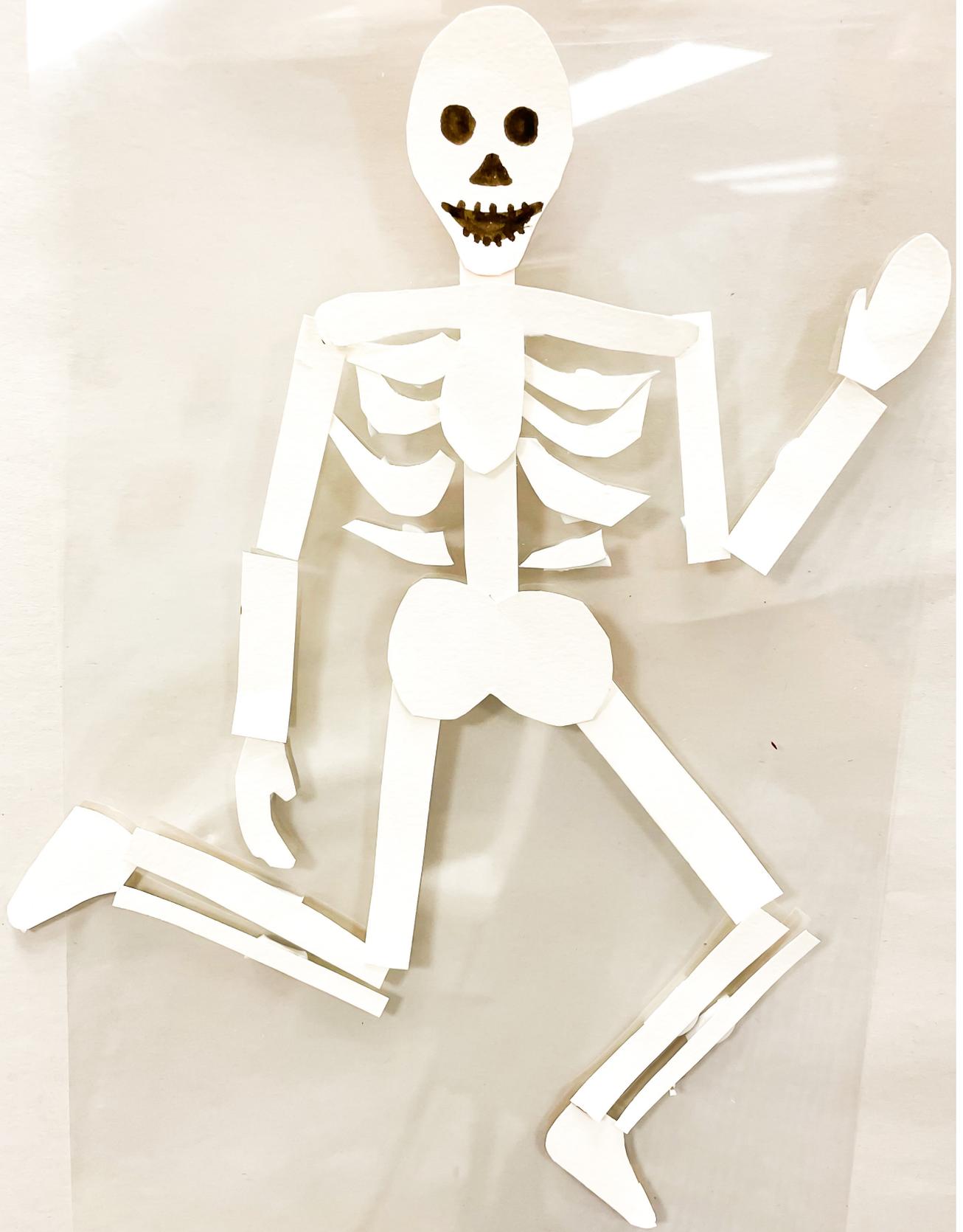
each article of clothing, hair, accessories, and shoes you want to include. Take the project back down to your table.



3. Decorate the clothes you outlined with patterns or pictures so they look like something you would wear. Add fun accessories like a hat, mittens, scarf, basketball, or skate-board. Color the hair in so it looks as much like you as possible.

4. Cut the clothing out of the paper and use foam dots to stick them down onto the final sheet of transparent paper.

5. Now stand back and enjoy your hard work! Try flipping through the pages of your project quickly to see all the different things that help make you look how you do! Our human bodies are so special and amazing to learn about!











# Kids

## Week 1

- Watch the Skeletal System video as you make your own!
- How far did you get in the steps? Show us your work by tagging us @ClassyArtistBox on Instagram or Facebook!

## Week 3

- Watch the On the Outside: Skin is our largest organ video as you create your own project.
- How did your project go? Tell us what you think by having your parent email us if you want. admin@classyartistbox.com

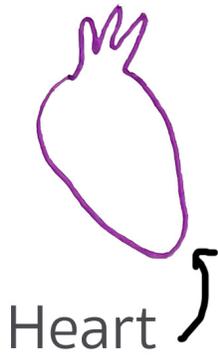
## Carve out time for art!

## Week 2

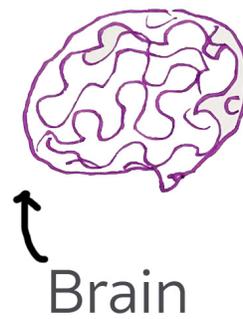
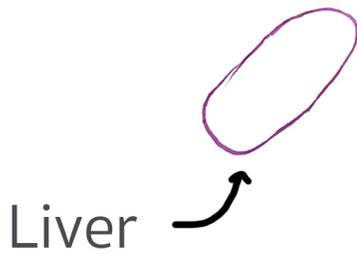
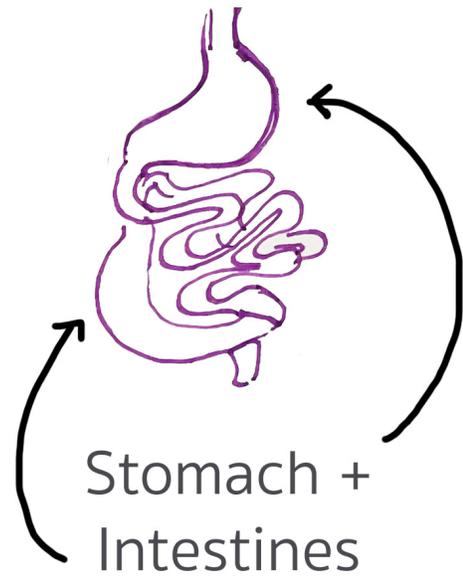
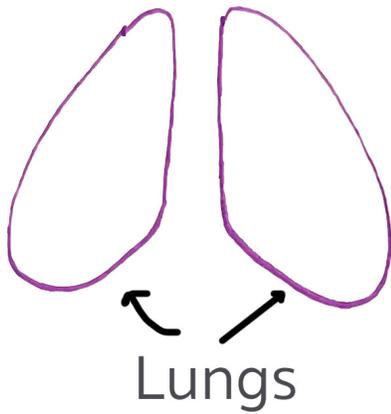
- Watch the On the Inside: Organs video and make your own.
- Tell someone how the organs help your body function! This will help you remember for the future!

## Week 4

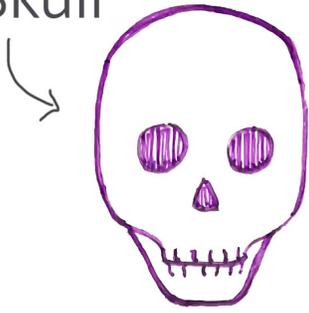
- Watch the On the Outside video and create your own clothes, etc!
- Share all of your work with us by tagging @ClassyArtistBox and be entered to win a free kit!
- Be on the lookout for your next box!!



*On the  
Inside:  
organs*



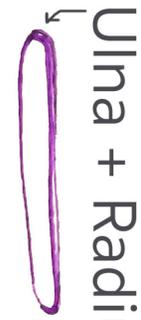
Skull



All About Me

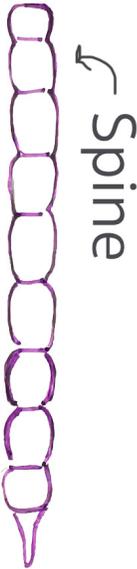


Humerus



Ulna + Radius

Forearm =



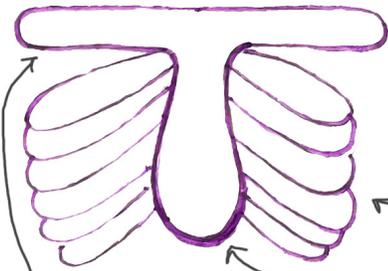
Spine



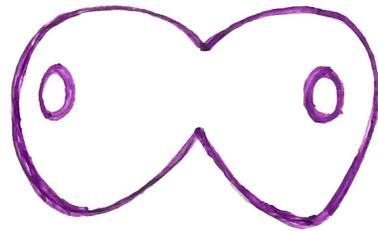
Humerus



Forearm



Clavicle, Sternum, and Ribs



Hip and Pelvic Bones



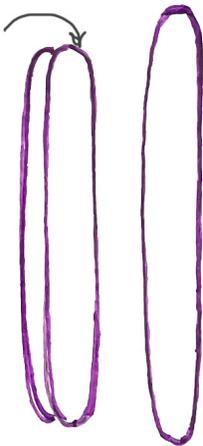
Hands



Femur



Tibia + Fibula



Femur



Feet

